

Client's Objectives Worksheet

On paper, answer all of the following questions as honestly and as clearly as possible. This will serve as a guide for you personally, and for the two of us in our initial discussion about how I might be able to help if you choose to contact me.

1. Why are you looking for help today?
2. What would success look like? In specific terms, what would be different if the desired outcome(s) were achieved?
3. How important is/are the outcome(s) to you? Why?
4. What would be the risk or loss if you did not achieve the outcome(s), and how much would it matter?

Name

Date

If you would like to explore coaching please visit www.callahancc.com
or contact Jodi at Contact@CallahanCC.com